



The R.E.A.P. method for reading and studying the bible.

(Read, Examine, Apply, Pray)

Step 1

At the top of a sheet of paper (or in a journal), write the days date and leave a space to write the title of your entry later. Pick a scripture to study either by using a Bible reading plan or by coming up with one on your own.

Step 2

Read the passages. Read with an open heart and God will give you words of encouragement, direction and correction. (2 Tim 3:16)

Step 3

Spend some time reflecting and writing about what you've read in the journal pages:

- Write down the key Scripture (or two) that stuck out to you.
- Write down thoughts on what you've read. (Examine)
- Write out how you will be different today because of what you have just read. (Application)
- Write out a prayer based on your time in God's Word. (Prayer)
- Give what you wrote a title.

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Here is a simple example of how to use R.E.A.P (It can be used for more in depth study too)

READ: 1 Kings 8-9; Acts 26

Key Texts: (Pick one key text from all of your reading for the day.)

1 Kings 8:27 "But will God indeed dwell on the earth? Behold, heaven and the highest heaven cannot contain you; how much less this house that I have built!

Acts 26:18 "to open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me."

EXAMINE:

Solomon builds the temple and brings the ark of the covenant into the holy of holies, but realizes that God cannot be contained by a house made with human hands.

Paul defends himself and gives his testimony to Agrippa. Jesus has chosen him to open the eyes of the Jews and Gentiles.

APPLICATION:

I will not treat God as if He's only present in a church building on Sundays but acknowledge Him to be everywhere.

Give my testimony to someone this week and share Christ.

PRAYER:

God, help me to know you're everywhere, and help me to share Jesus with someone this week. Amen.